

Mpumala Kapa TV Programmes

DSTV Channel 260



AGENDA

INTRODUCTION

3

PROGRAMMES

4

SYNOPSIS OF PROGRAMMES

5

PREMIER TIMES AND DATES

10

PICTURES

13

INTRODUCTION

Mpuma Kapa TV (formerly Bay TV) is a South African public radio station in the second largest province, the Eastern Cape. The channel is available on DStv channel 260.



SYNOPSIS OF PROGRAMMES:

- Gymanathi is a show bringing you the greatest workouts to keep your active daily, presented by experienced personal trainers.
- Your Marriage Can Work is a show that tackles marriage problems with Pastor Ntanjana.
- Unlahleleni is a reality show where one finds closure as to why his/her previous partner ended the relationship.
- Engaphakathi is a reality show that assists people with confessing their feelings to their crush.
- Head2Toe presented by Dr. Tebelele is a health show which aims to educate men and women on various health issues with the focus being on sexual and reproductive health. The show unpacks the crucial issues which affect sexual and reproductive health.
- Voice of The Bay presented by Bra Percy is a show engaging all stories making headlines locally and on a national level. We explore all current issues in the political sphere of the Bay and South Africa at large.

PREMIER TIMES AND DAYS:

SHOW NAME	PREMIER TIME	PREMIER DAY
GYMANAT HI	08H00AM	SATURDAYS
YOUR MARRIAGE CAN WORK	14H30PM	SUNDAYS
UNLAHLELENI	19H30PM	TUESDAYS
ENGAPHA KATHI	18H30PM	SATURDAYS
HEAD2TOE	19H30PM	MONDAYS
VOICE OF THE BAY	19H00PM	WEDNESDAYS



VOICE OF THE BAY
with
Percy M Lamani | **Wednesday**
19H00 -20H00

HEAD TO TOE
WITH DR. TEBELELE

HEAD TO TOE WITH DR. TEBELELE | **MON- 19:30**

THANK YOU!

